

Quarterly CONNECT

JUL – SEP 2020



jenny
CRAIG®

CONTENTS

- 3 WELCOME FROM AKASH
- 4 SPOTLIGHT ON HR/PAYROLL TEAM
- 5 RETURNING AND NEW FACES
- 6 THE NUMBERS
- 7 BIRTHDAYS
- 8 ANNIVERSARIES
- 9 CONSULTANT IN FOCUS
- 10 SSM IN FOCUS
- 11 E-COMMERCE UPDATE
- 11 BE THE BRAND UPDATE
- 12 SUCCESS STORIES

Welcome FROM AKASH

AKASH AHLUWALIA, MANAGING DIRECTOR



Hi Team,

The third quarter is a particularly important period for the business as we not only look to end the year strongly, but also start to build strategies and budgets for the following year. This year, both these activities have become more prominent as we push to land closer to our revenue and metric targets. Our business has been through a period of sustained growth across all metrics (UNS, RTA, FDA, Actives and Revenue) over the last five years with 2019 being the strongest year to date and that strong growth has enabled us to become more resilient and survive unexpected challenges, like the COVID challenge we have been facing this year. By having strong plans and strategies in place for 2021 we will be well prepared to get the growth trajectory of the business back on track.

With all efforts centred around rebuilding our Actives base, we are now seeing all our markets, besides metropolitan Melbourne, trading under the new COVID normal practices and being able to provide in centre consultations. This shows in our results as our Actives base has consistently continued to grow nationally over the last four weeks. I did want to take this opportunity to call out and congratulate both Gillian Clarke and Angela Kokkinos and their respective teams as VIC 1 and VIC 2 continue to be our strongest performing regions this year, despite the strong regulations in place across Victoria. VIC 2 is only down 7% in deposits on last year and VIC 1 is only down by 8%, which means they have the smallest declines against last year out of all our regions across Australia and New Zealand.

As we commence planning our strategies for next year, I wanted to give you an update on how we are tracking against key strategic initiatives that were planned for 2020. You may recall the below list that I shared in the Q3 newsletter this time last year:

- *Expand our e-commerce capabilities, allowing the business to sell food online*
- *SONIC implementation/ICAN replacement*
- *Deploy a new Repairs & Maintenance portal*
- *Store-in-Store rollout with our pharmacy partner*

I am pleased to share with you that despite the challenges associated with COVID, we have been able to complete 3 out of the 4 initiatives that we had planned for 2020. None of these initiatives could have been completed without the hard work, flexibility and agility of all our team members as we faced a lot of moving parts in our business.

Our e-commerce site is now up and running in Australia with New Zealand to follow soon, and we are seeing some great results and learnings within the first few months of deployment. Sue Bell, Grace Attard and the Customer Care team deserve a big thank you, as they needed to be flexible and agile with work from home restrictions coming into force in Melbourne just as the e-commerce platform was about to launch. The team has managed to find alternate ways of working and continued to provide our online customers with the best possible phone consultations and customer service.

We also successfully deployed our new R&M portal (Pinnacle) which has resulted in significant cost savings for the business. Under the watchful eye of Andrew Spokes and Samuel Mensah, we are also seeing some good outcomes for speed and response times for repairs for our centres.

In April, we entered into a six-month trial agreement with Amcal Pharmacy for a Store-in-Store rollout and opened two sites: Coffs Harbour and Strathalbyn. After the six-month trial was completed, and with the launch of our e-commerce platform in the last month, we have decided that we will no longer be continuing with this Store-in-Store arrangement moving forward and the two trial sites will also be closed.

The final item that has not been completed and is a priority project for the business as we head into 2021 is the replacement of ICAN. In March, I decided that we needed to postpone this project due to the financial circumstances that we found ourselves in at the start of the COVID pandemic. We have now restarted this project with Dennis Pho and Sue Bell both working to look at alternatives to ICAN and finding the most appropriate POS (Point of Sale) system for the business which can integrate well with our e-commerce platform, Shopify Plus.

I want to take the opportunity to welcome back Rachel Kosmala (Marketing Director), Amy Zhou (Senior Financial Accountant) and Johanna Nightingale (Graphic Designer) who will all be returning in the next month from maternity leave. I am looking forward to sharing with you our 2021 key strategic initiatives and budgets in our next newsletter.

Stay safe,

Akash

Spotlight On HR/PAYROLL TEAM



JOSH: Head of Human Resources

KAREN: Payroll Manager

NICOLE: Payroll Officer

How long have you worked for Jenny Craig?

Josh: I started as a temp in the HR team back in September 2014. I became a direct employee in January 2015.

Karen: I have been here 3.5 years. I was made redundant from my previous job at the age of 50 and was worried I wouldn't get a full-time job. I started on a contract and haven't looked back!

Nicole: I've been in this role for six months, but I previously worked the Finance team on a temporary basis.

What is the best thing about working in HR/Payroll?

Josh: The people we support and the people we work with. Ours is a very human role. We are fortunate to be able to assist our people to be their best at work, working with employees and leaders right across the business to enable this.

Karen: The people that I work with!

Nicole: The people! I get the chance to speak to so many different people across Australia and New Zealand in all different areas of the business.

What kind of new challenges have you had as part of your role during COVID?

Josh: Adapting to this new and challenging moment. It has certainly tested that value of ours – "Embracing Change". We have rolled out a whole new set of rules that frame how we operate as a business, how we interact with one another and our members. Each day seems to bring with it a new challenge to confront, but it's great to see things starting to settle down now. Importantly, we've been able to get through the first wave of the virus and now the second wave (concentrated mainly in Victoria) without a positive case of COVID-19 developing at any of our worksites. That speaks

to the amazing work of our team members to keep their workplaces safe and healthy and following the guidelines.

Karen: Working from home – being disciplined to not wear my PJs all day, and getting used to interacting on computers, rather than face-to-face (I'm not very tech savvy as our IT team know).

Nicole: I transitioned into the HR/Payroll team while we have all been working from home. So, learning my new role has been the biggest challenge for me. Josh, Karen and I have frequent catch ups and training sessions to try and keep things as normal as we can.

What is the most interesting thing about your role?

Josh: Again, our people. The areas we deal with are as unique and diverse as our workforce.

Karen: A lot of people say that payroll is boring – doing the same thing weekly/monthly/bi-monthly. But I like that! I like knowing what I'm doing, making sure I get it right. I also love talking to our employees.

Nicole: I've never worked in HR before so the most interesting thing about my role is seeing how much HR is involved in the running of a business, not just in the obvious ways such as hiring new employees. I also enjoy my role being very varied as I am involved in both HR and Payroll.

Have you taken up any new hobbies during COVID?

Josh: Aside from watching more TV, I'm trying to incorporate more activities (such as walking, breathing exercises etc.) to keep a lid on stress and improve my general wellbeing.

Karen: I have read more books and watched more TV during COVID. My daughter and I have also become interested in the NBA playoffs. We are now Denver Nuggets fans after watching them come back from 3 – 1 down against Utah and LA. Aussies love an underdog in sport!

Nicole: I haven't really taken up any new hobbies, but I did adopt a cat a few months ago who certainly fills my time!

What are you most looking forward to when everyone is back in the office?

Josh: I can't wait to catch up with our team in person. It's been roughly 7 months since we were last all together here and life hasn't stopped in between, so no doubt there will be lots to catch up on.

Karen: Having conversations face-to-face! It's not quite the same over a computer screen.

Nicole: I am looking forward to being able to speak to people face-to-face!

Returning and NEW FACES

RETURNING:



Rajwinder Kahlou
ICAN SUPPORT DESK OFFICER

What are you most excited about returning to work at Jenny Craig?

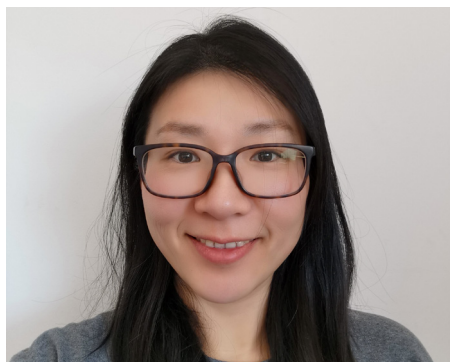
Returning to work helps me feel more normal, and reminds me that life goes on and God has given me the chance to work again with the same Company that provides amazing service to the community and with my lovely colleagues.

What do you do in your spare time?

In my spare time I love to try new recipes as I have a passion for cooking, gardening and spending quality time with my family.

What is your favourite Jenny Craig snack/meal?

My Favourite meal is the Vegetable Tikka Masala and favourite snack is the Apple Berry Brekkie Cup.



Amy Zhou
SENIOR FINANCIAL ACCOUNTANT

What are you most excited about returning to work at Jenny Craig?

Work with my lovely colleagues again.

What do you do in your spare time?

Movie and travel (unfortunately I can only travel no more than 5km due to the VIC lockdown restriction.)

What is your favourite Jenny Craig snack/meal?

Butterscotch Sundae and Chicken Satay.



Nidhi Gupta
ACCOUNTANT

What are you most excited about returning to work at Jenny Craig'?

Whilst I was away on maternity leave, I was missing the work-life integration. Now it is good to be back. Just waiting for things to go back to normal so that I can meet everyone in person.

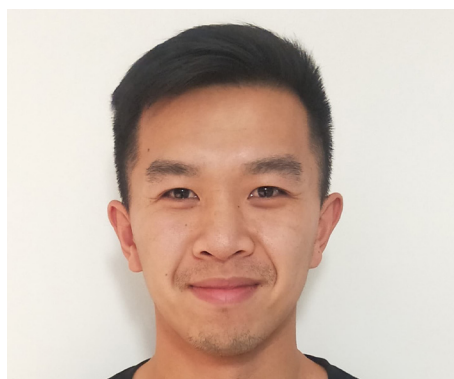
What do you do in your spare time?

I wish I had some free time. My 18-month-old beautiful and cheeky daughter keeps me occupied all the time and I enjoy every moment with her.

What is your favourite Jenny Craig snack/meal?

The Jenny Craig Burrito is my all-time favourite.

NEW:



Riston Lim
DIGITAL MARKETING EXECUTIVE

What do you like best about working at Jenny Craig?

The thing I like the most about working at Jenny Craig is the people and culture. Everyone is super friendly, and you can guarantee there will always be smiles and laughs.

What do you do in your spare time?

In my spare time (not during COVID) I'm usually either at the gym, socialising with friends or working on my project car!

What is your favourite Jenny Craig snack/meal?

My favourite Jenny Craig meal is the Beef Lasagne.

NEW STARTS

Karen - Maitland
Laura - Greensborough
Linda - Castle Hill
Michelle - Dee Why
Monica - Parramatta
Pippa - Takapuna
Raechel - Tuggeranong
Renee - Belconnen
Silvia - Unley
Angela - Papamoa

Bernadette - Geelong
Charlotte - Manukau
Christine - Doncaster
Claire - Pakenham
Fabienne - Cheltenham
Holly - Wellington
Delmarie - Helensvale
Wendy - Traralgon

The NUMBERS

JULY, AUGUST, SEPTEMBER 2020

We are so proud of the efforts that our staff are putting in to ensure that we can make it through the current COVID-19 environment. We want to make sure you are all taking the time to celebrate all of your incredible hard work – always remember to focus on the small wins along the way (it's about the journey, not the destination after all)

AUSTRALIA

UPGRADES SOLD DURING INITIATIVE (JUL 2020)

ASTA – HOBART - 14
DEIDRE – CANNINGTON - 12
LISA-MARIE – BURWOOD - 12

UNS CLIENTS SEEN BY STAFF MEMBER (JUL-SEP 2020)

DEIDRE – CANNINGTON - 24
LAURA – CASULA - 23
ELENA – KOGARAH - 19
SUE – PAKENHAM - 19

PREMIUM PROGRAM SALES INC. UPGRADES SOLD BY CENTRE (JUL-SEP 2020)

CAIRNS - 86
HOBART - 83
MOONEE PONDS - 68

NEW ZEALAND

UPGRADES SOLD DURING INITIATIVE (JUL 2020)

MARIE – ALBANY - 20
FIONA – NAPIER - 13
DONNA – MANUKAU - 12

UNS CLIENTS SEEN BY STAFF MEMBER (JUL-SEP 2020)

GLENYS – DUNEDIN - 37
MAREE – NEWMARKET - 32
SHARON – LOWER HUTT - 27

PREMIUM PROGRAM SALES INC. UPGRADES SOLD BY CENTRE (JUL-SEP 2020)

CHRISTCHURCH - 120
HAMILTON - 80
ALBANY - 72

BIRTHDAYS

Happy Birthday to those who celebrated their birthdays between July - September 2020

JULY

Alana - Burnie	Lauren - Christchurch
Amanda - Mackay	Lisa - Cranbourne
Amanda - Moonee Ponds	Mandy - Wangaratta
Angela - National Support	Marlena- Nelson
Anh - National Support	Michelle - Morisset
Belinda - Werribee	Nadia - Townsville
Carey - Rockingham	Pamela- Joondalup
Darrich - National Support	Paula Ann - Felixstowe
Diana - Ringwood	Raj - National Support
Elisha - Te Atatu	Rajesh - National Support
Fabia - Cairns	Ronel - Christchurch
Fiona - Napier	Sandra - Palmerston
Glenda - Lower Hutt	Sandra - Knox
Helaine - West Lakes	Stephanie - Morayfield
Helen - Maitland	Stephanie - National Support
Janelle - Strathpine	Sue - Pakenham
Jenny - Springwood	Tanya - National Support
Jesse - National Support	Tawny-Leigh - Te Atatu
Joni - Christchurch	Vanessa - Belconnen
Kelly - Werribee	Viki - Frankston
Kerry - Carina	Wendy - Wangaratta
Kusuma - Morley	
Kylie - Dubbo	
Kylie - Wagga	

AUGUST

Amanda - Morley	Paige - National Support
Carol - Tauranga	Patrice - Geelong
Cheyenne - Wellington	Rekesia - Stirling
Daniela - Castle Hill	Renee - Cheltenham
Diana - Werribee	Rita - Newmarket
Felicity - Tamworth	Rita - Cheltenham
Gael - Bundaberg	Roslyn - Gladstone
Irene - Albury	Samantha - Warrnambool
Jas - Knox	Shani - Whangarei
Jill - Cairns	Stacey - Fremantle
Joanna - Burwood	Sue - Knox
Joanne - Cheltenham	Susan - Taringa
Karen - New Plymouth	Susan - Erina
Keerthi - Ryde	Tina - Cannington
Kerry - Prahran	Tina - Whangarei
Korina - Ballarat	Toni - Townsville
Leanne - Townsville	Tracey - Albany
Leanne - Newmarket	Vanessa - Carina
Lee - Ringwood	Vanessa - Rockingham
Liset - Carina	Vanessa - Prahran
Lucinda - Prahran	Vanessa - Marion
Maeve - Frankston	Wendy - Cannington
Melanie - Launceston	
Michelle - Frankston	

SEPTEMBER

Angela - Ringwood	Jane - Hobart	Melinda - Helensvale	Simone - Prahran
Anisha- Mildura	Jasmine - National Support	Namratha - Manukau	Sonja - Greensborough
Anna - National Support	Jessica - Chatswood	Penelope - Frankston	Tammy - Booval
Betty - West Lakes	Jodi-Lee - Pakuranga	Renee - Cairns	Tanya - Taringa
Carol - Cranbourne	Julia - Chatswood	Renee - Helensvale	Tori - Christchurch
Chantelle - Penrith	Karen S - National Support	Samuel - National Support	Tracy - Helensvale
Chelsea - Warrnambool	Karen D - National Support	Sharon - Hamilton	Wendy - Rockhampton
Daniella - Moonee Ponds	Kevin - National Support	Sharon - Sydney City	
Fabienne - Cheltenham	Kirsten - Albury	Sharon - Port Macquarie	
Fiona - National Support	Leila - Toowoomba	Sheree - Dunedin	
Gordana - Campbelltown	Lindy - Ballarat	Sheryl - Cannington	

ANNIVERSARIES

Congratulations to these members of the Jenny family who celebrated these milestones, between July - September 2020



BELINDA - PRAHRAN
5 YEARS SERVICE



HAYLEY, PAPAMOA
18 YEARS SERVICE



MICHELLE, KOTARA
13 YEARS SERVICE

5 Years

ANTHONY - NATIONAL SUPPORT
BELINDA - PRAHRAN
JACQUI - DUBBO
JANE - HOBART
LISA - BALLARAT
VANESSA - CARINA
VERONICA - BURNIE

7 Years

BLAKE - NATIONAL SUPPORT

6 Years

CAROL - CRANBOURNE
CHANTELLE - PENRITH
DEBORAH - GLADSTONE
ESAT - BONDI
GAEL - BUNDABERG
LAURA F - NATIONAL SUPPORT
NICOLA - NEWMARKET
RACHAEL - JOONDALUP
SHERYL - CANNINGTON
YVONNE - STIRLING

8 Years

ANGELA - NATIONAL SUPPORT
DIANA - GREENSBOROUGH
PAULA - PAKURANGA
RACHAEL - ERINA
TAMMY - MOONEE PONDS
VIVIENNE - LOWER HUTT

9 Years

KEERTHI - RYDE
KEVIN - NATIONAL SUPPORT
KYLE - CAIRNS
LEANNE - NEWMARKET
LEE - RINGWOOD
MICHELLE - FRANKSTON

10 Years

FRANCES - PALMERSTON
MARIA - KNOX
MELISSA - MACKAY
TAHLIA - ROBINA

OVER 10 YEARS OF SERVICE

11 Years - Debra - Booval
11 Years - Gordana - Campbelltown
11 Years - Katherine - Unley
11 Years - Kristy - Albany
11 Years - Sue - Knox
12 Years - Clare - Morley
13 Years - Diana - Ringwood
13 Years - Frances - Miranda
13 Years - Michelle - Morisset

13 Years - Sharon - Sydney City
14 Years - Charles - National Support
14 Years - Kellie - Maroochydore
14 Years - Kerry - Carina
15 Years - Kerrie - Doncaster
16 Years - Lynette - Miranda
16 Years - Marilyn - National Support
16 Years - Melek - Miranda
16 Years - Rita - Newmarket

17 Years - Julie - Rotorua
17 Years - Leila - Toowoomba
18 Years - Lynley - Whangarei
18 Years - Mary - Northcote
18 years - Hayley - Papamoa
20 Years - June - Chermiside
22 Years - Jill - Cairns
34 Years - Sonia - Mt. Waverley

Consultant in focus

KELLY LAZARIDIS

WERRIBEE, VICTORIA



1 How did you get started with Jenny Craig?

I started as a client in 2010 with my husband - we both were successful on the program.

2 Tell us about your time with Jenny Craig?

2015 is when I began working with the Werribee Jenny Craig team, I'm coming up to 5 years in January 2021.

3 Where did you grow up?

I have grown up in Werribee/Hoppers Crossing with my family.

4 What are you most passionate about in your role?

I'm most passionate when I'm able to see or hear in my client's voice that they have been successful in their week on their weight loss journey, to know I have helped them and contributed to their happiness is an amazing feeling.

5 What do you like to do in your spare time?

Not that I have a lot of spare time with three kids and a husband. We as a family do a lot of travelling with sport (BMX) and basketball. I wouldn't have it any other way. Being together and active is most important to me, but I'll always find time for a F45 class.

6 What are you most looking forward to in the next 5 years?

I'm looking forward to arranging a big family holiday overseas and completing a spartan course.

7 What is your favourite Jenny Craig snack/meal?

Hard decision. All time chocolate fix for me is the Chocolate Fudge Cookie, new favourite main meal is the Chicken Cacciatore, which has taken over the Cottage Pie.

8 Do you prefer coffee/tea?

I'm definitely a tea drinker, black no sugar and jasmine tea for bedtime.

9 What is the best way to start the day?

A walk on a sunny morning and a filling brekkie, oh and a must is my beetroot juice.

10 What three words would you use to describe Jenny Craig?

Achievable. Rewarding. Successful

11 Do you have a hidden talent?

I've been known to be able to stop everything at any time a do a handstand, whether it's down the street, gym or out to dinner.

12 What is your favourite travel destination and why?

I've been overseas twice and travelled each state in Australia. I truly love my backyard, there are so many to choose, from – such as the caves in WA, the heat and crocs in the NT and our beaches in every state. As they say, I do call Australia home.

SSM in focus

ANGELA KOKKINOS

VICTORIA 1/TASMANIA



1 How did you get started with Jenny Craig?

My Jenny Craig journey started in 2002 as a client. I had great success on the program and was inspired to help others achieve the same. Fortunately, a position became available for a Consultant at Moonee Ponds. I applied and was successful. I started my Jenny Craig career then, and it is the best decision I ever made!

2 Tell us about your time with Jenny Craig?

My first role was as a part-time Consultant at Moonee Ponds in 2003. During that time, I also helped the Preston and Sunshine centres, covering leave as required. In 2011, I decided it was time to try something different and I left Jenny Craig to take on a role as a Personal Assistant. It wasn't even 12 months before my passion for Jenny Craig brought me back and I accepted the role of Centre Leader at Moonee Ponds in 2012. In 2016, I was fortunate to secure the position of SSM for the Vic 1/Tas region.

3 Where did you grow up?

Actually, all over the place! I was born in Geelong and then my family moved to Greece when I was around 2 years old. We then returned to Australia when I was 6 years old and settled in a small town along the Murray River called Finley. Four years later we moved to Sydney, which is where I completed most of my schooling before moving one more last time to Melbourne when I was 17 years old!

4 What are you most passionate about in your role?

What I love most about my role is the incredible group of women I get to work with each day – the Centre

Leaders and Consultants of Vic 1 and Tasmania!! It's their passion and enthusiasm that drives me each day to make our region as successful and great as it can possibly be!

5 What do you like to do in your spare time?

I love spending time with friends and family more than anything and entertaining at home. The bigger the crowd the better! Unfortunately, there hasn't been any of this going on lately with COVID, so my spare time has been filled with walking, gardening and on-line shopping!

6 What are you most looking forward to in the next 5 years?

I wouldn't say I'm looking forward to it but watching my children grow up and become adults. Although, I would prefer for them to stay little forever, I am really excited to see what they will achieve in their lives!

7 What is your favourite Jenny Craig snack/meal?

Chicken Fettuccini

8 What is the best way to start the day?

Early morning walk definitely!

9 What three words would you use to describe Jenny Craig?

Effective. Convenient. Delicious!

10 What does a day in the life of an SSM look like?

This role is quite varied so there really isn't a typical day and each day is certainly different. Much of my day is spent with my Centre Leaders either on the phone or in person, supporting them with challenges, training, planning and strategizing on how to improve our numbers.

11 Do you have a favourite quote or a motto?

"A year from now you may wish you had started today"

12 Do you have a hidden talent?

I've only just realized during COVID that I am actually a really good cook!

13 What is your favourite movie and why?

Zoolander. It is ridiculously hilarious, no matter how many times I watch it.

14 What is your favourite travel destination and why?

Definitely the Greek Islands! Every island is like paradise – the beaches and the atmosphere are just incredible!

E-Commerce UPDATE

Our Shopify e-commerce platform launched on July 16 in Australia, and since then we have seen some exciting results. We have more developments and improvements coming over the next few months, which will only see e-commerce grow across Australia and New Zealand.

SALES TREND

To date we have seen almost \$400,000 in food sales via e-commerce, with current weekly actives sitting around 286. Week on week growth was very healthy up until the beginning of September, since then we have seen it start to flatten off - partly due to the changes in free delivery. However, with some changes in our marketing campaigns and some additional budget for digital advertising we are hoping to see these numbers improve further during October.

CLICK & COLLECT

Click and Collect for e-commerce customers launched in NSW on September 7, and across the rest of Australia on September 14. This means we can now offer our e-commerce solution (Click and Collect only) to both the NT and WA, where we had not been able to previously as our delivery partner, BeCool, is unable to service these states.

FUTURE IMPROVEMENTS

There are plenty of improvements and updates coming to the e-commerce site over the next few months. Along with small tweaks to the customer experience, the bigger projects we are expecting launch before Christmas are:

- Convenience Boxes to move to Shopify e-commerce site
- New Zealand e-commerce launch
- AfterPay payment option
- Weekly delivery subscription

Be The Brand UPDATE

We hope that everyone is looking after themselves and that August and September saw you eating more fruit and moving a bit more with our monthly focuses.

The next wellness focus for October is alcohol and caffeine consumption, with the challenge being to see how many days you can go alcohol or caffeine free (pick one). Set yourself a goal and share this with your team to help keep you on track. Be sure to read the October email update for plenty of info and tips - if you have your own tips or just want to share your progress, be sure to post over on the Facebook page.

WATCH THIS SPACE...

We're excited to share that we are planning Be the Brand activity for December. It's been a tough year, but we won't let COVID keep us down and we'll end the year on a positive note with a bit of fun. The details will be announced soon.

We're also starting our planning for 2021, where our ongoing wellness program and monthly focusses will continue, and we'll see the return of our annual challenge week in the second half of the year.

If you have ideas or feedback on Be the Brand, please share these with us at au-bethebrand@jennycraig.com.au

Success **STORIES**

MEET Michelle NOW



Before
LOST 20KG[^]

[^]Individual results may vary



CLIENT: MICHELLE
CENTRE: PAKENHAM, VIC

WEIGHT LOSS: 20KG
CONSULTANT: VICKI

Why did you choose Jenny Craig?

To lose weight and build a healthier lifestyle.

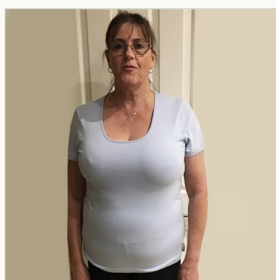
How do you feel now?

I feel a lot healthier and happier, I have a lot more energy and I'm happy to be able to fit into clothes that have been in my wardrobe for some time, I have not been this weight for 20 years.

Do you have a standout moment on the Jenny Craig program you'd like to share?

When I reached halfway, I could feel my body changing and was feeling a lot better in myself and then when I reached my goal weight, I was so excited!

MEET Marcelle NOW



Before
LOST 21KG[^]

[^]Individual results may vary



CLIENT: MARCELLE
CENTRE: FRANKSTON, VIC

WEIGHT LOSS: 21KG
CONSULTANT: PENNY

Why did you choose Jenny Craig?

I had tried many previous diets, including ones with food provided, but I'd never been accountable to a consultant - I decided it was time to combine having meals provided with a consultant to motivate and inspire me, and this combination proved to be a perfect fit for me.

How do you feel now?

I feel fantastic - I don't get indigestion or headaches anymore, I have gone from a size 16 to a size 10 in jeans, and I love having my photo taken now. I get compliments wherever I go (albeit hard during COVID) and I feel like a new person. I had to buy a whole new wardrobe but had such fun trying on outfits and looking and feeling good. This is definitely a lifestyle change for me.

Do you have a standout moment on the Jenny Craig program you'd like to share?

I can say it's been rewarding having my husband, and two grown up kids constantly tell how fantastic I look and how proud they are of me.



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